**Young Carers National Voice: Education Campaign 2023**

**A template email for young carers to send to your school or college with the resource**

**Email subject field:** Can you help me with my campaign this Young Carers Action Day?

Dear ***[name of school/college or teacher]***

It's Young Carers Action Day on 15th March and, this year, I've been part of a campaign to

help you take action.

Young Carers Action Day is an annual event to raise awareness of young carers in the

country. This year's theme is 'make time for young carers'!

So that’s why I'm emailing you. I'm part of Young Carers National Voice (YCNV) and we're

trying to improve the lives of young carers. Like me, everyone in YCNV provides care for

people in our families who have long term physical or mental illness, disabilities, or

drug/alcohol issues. And we’re not alone. At least 1 in 12 children and young people are

young carers like me – that’s around 800,000 across the UK.

With lots of extras pressures at home, one of the things that can be hard for me is doing my

best in my education. To help ensure schools are identifying young carers like me, from

January 2023, schools now have to declare their young carers on the schools census. Some

education settings might not know how to support young carers though, once they have

identified them.

That’s why, this year, we decided to create [a resource](https://static1.squarespace.com/static/57346ed2b09f95483e17ce54/t/64021537ff3a407369fc7230/1677858107132/YCNV%2BEducation%2BResource%2B2023.pdf) of things that have really helped us,

to give you simple ideas for how you can help young carers like me at our ***[school / college].***

**So, this Young Carers Action Day, will you support me and other young carers by:**

* **Doing one of the examples from** [**our resource**](https://static1.squarespace.com/static/57346ed2b09f95483e17ce54/t/64021537ff3a407369fc7230/1677858107132/YCNV%2BEducation%2BResource%2B2023.pdf) **with young carers in our *[school/college]*?**
* **Discussing** [**our resource**](https://static1.squarespace.com/static/57346ed2b09f95483e17ce54/t/64021537ff3a407369fc7230/1677858107132/YCNV%2BEducation%2BResource%2B2023.pdf) **with the teachers and staff?**
* **Displaying** [**our resource**](https://static1.squarespace.com/static/57346ed2b09f95483e17ce54/t/64021537ff3a407369fc7230/1677858107132/YCNV%2BEducation%2BResource%2B2023.pdf) **in your staff room, so everyone in our *[school/college]* can get inspired and help young carers?**

Sometimes it’s the little things that make the biggest difference!

Thank you so much. From ***[your name]***

Download the YCNV resource [here](https://static1.squarespace.com/static/57346ed2b09f95483e17ce54/t/64021537ff3a407369fc7230/1677858107132/YCNV%2BEducation%2BResource%2B2023.pdf)

