



From The Forward Trust

Moving Parents and Children Together Programme (M-PACT) is a whole family, structured support programme developed by the Forward Trust in 2006, which aims to improve the well-being of children and families affected by alcohol, or substance misuse.

This free programme is for families who have children aged 8 to 17 years old. It provides a safe, confidential space for parents, carers, and children to work together. Support is provided by friendly, non-judgemental staff from Sheffield Young Carers Project.

Sheffield Young Carers delivery the M-Pact programme under license of the Forward Trust and all staff involved have received specialist training.

Further information about the programme can be found here:

<https://www.forwardtrust.org.uk/service/m-pact-programme/>

Referral Form

Self-Referral Professional Referral Date

Family details:

Adult 1	Name:		DOB:
	Address:		Gender:
	Post code:		Ethnicity:
	Tel number:	Email address:	

Adult 2	Name:		DOB:
	Address:		Gender:
	Post code:		Ethnicity:
	Tel number:	Email address:	



From The Forward Trust

Child/ Young Person 1	Name:	DOB:
	Address:	Gender:
	Post code:	Ethnicity:
	Tel number:	Email address:

Child/ Young Person 1	Name:	DOB:
	Address:	Gender:
	Post code:	Ethnicity:
	Tel number:	Email address:

Child/ Young Person 1	Name:	DOB:
	Address:	Gender:
	Post code:	Ethnicity:
	Tel number:	Email address:

Briefly describe the family's current circumstances and reasons for their interest in M-PACT	Details:
Are there any previous or current mental health problems (eg, self-harm, eating disorders, depression)?	Details:



From The Forward Trust

Are any of the family members currently taking medication?	Details:
Is the family currently involved with other agencies eg, social services, CPN, recovery services? <i>Please give details</i>	Details:
Are there any family members who have any hearing, visual or mobility problems we may need to consider when supporting this family on M-Pact?	Details:
Are there any literacy, learning difficulties or neurodiversity within the family that we may need to consider when supporting this family on M-Pact?	Details:
Once a referral is received staff from Sheffield Young Carers M-PACT Team will arrange a home visit with the family. Is there any further information, or any risk to home visiting, that we need to be aware of?	Details:



From The Forward Trust

<p>For advice and support with completing this referral please contact:</p> <p>information@sheffieldyoungcarers.org.uk</p> <p>or phone</p> <p>0114 2584595</p>	<p>Referrer's name:</p> <p>Organisation:</p> <p>Tel number:</p> <p>Email address:</p>
<p>Consent</p> <p>When seeking consent please make families aware of the following:</p> <p><i>Sheffield Young Carers (SYC) is committed to protecting your privacy. We will only use your personal data to provide you and your family with the best support possible and we will always use it in line with the latest data protection guidance.</i></p> <p><i>Our full privacy policy can be found at:</i> www.sheffieldyoungcarers.org.uk/privacy-policy</p> <p>Do the family consent to being contacted by Staff from Sheffield Young Carers Project who are delivering the M-PACT Programme?</p>	<p>Type of consent: signed/verbal</p> <p>Is consent given for SYC to hold information? Y/N</p> <p>Is consent given for SYC to contact the family? Y/N</p> <p>Name of Family Member:</p> <p>Signature (if applicable):</p> <p>Date consent given:</p>

Password protected forms should can be returned electronically to information@sheffieldyoungcarers.org.uk

Or by post to: M-PACT Sheffield Young Carers Project, Unit R7b Riverside Block, Sheaf Bank Business Park, 20 Prospect Road, Sheffield, S2 3EN

Sheffield Young Carers, Unit R7B, Sheaf Bank Business Park, 20 Prospect Road, Sheffield S2 3EN
Registered charity number 1140105 Company limited by guarantee 7461229



From The Forward Trust